

JOINT LOSS MANAGEMENT COMMITTEE

MEETING MINUTES

December 8, 2015

Town Hall Chambers – 35 Main St. Hooksett, NH

Call to Order

Meeting called to order 1:30pm.

Attendance

Present: Donna Fitzpatrick-Admin./HR & JLMC Chair, Jon Daigle-Police, Mike Hoisington-Fire-Rescue, Bruce Kudrick & Linda O’Keefe-Wastewater, Kim Blichmann-Tax, Matt Lavoie-CEO, Rob Hebert-PW Parks & Rec., Diane Boyce-Public Works, and Lee Ann Chase-Library.

Missed: Dennis Desrochers-Fire-Rescue and Phil Arnone-PW Parks & Rec.,

Approval of Minutes

At next meeting.

Presenters

Brittany Edgerly, Wellness Representative NH Interlocal Trust (NHIT) and Meredith McGilvray, Wellness Program Manager NHIT: Provided overview of NHIT **long-term wellness incentives** and options for quarter 2 April-June Educational Session and 4-week Challenge. Those eligible are full-time employees, retirees, and their family members 18 years and older on the Town’s medical insurance.

Committee consensus on wellness incentives:

educational session = medical and prescription consumerism session facilitated by NHIT on-site in Hooksett on multiple dates/times/locations to accommodate staff shifts, retirees, and family members. Other educational sessions for retirees & family members not able to attend an on-site session may include some type of 45-60 minutes instruction type activity or physical activity (ex. 5K road race) or keeping a food diary for a period. D. Fitzpatrick will work with Brittany & Meredith on scheduling sessions; possible payroll stuffer notification.

4-week challenge = hydration; NHIT will provide water bottles and members will be challenged to intake at least 32-ounces of pure water daily for a 4-week period tracked by a site advocate (member of the JLMC). L. Chase volunteered to be a general site advocate to assist D. Fitzpatrick.

Additionally NHIT distributed the **reimbursement** form for health and wellness related classes that were presented the health insurance education sessions in November. Those eligible in this program are full-time employees, retirees, and spouses on the Town’s medical insurance. Dependents of any age are not eligible.

Inspections

Town Hall: K. Blichmann and M. Lavoie completed inspection on 12/04/15. D. Boyce, PW Director, will address safety items with Building Maintenance Division and Town Administrator.

Workers’ Compensation (WC) Claims/Prevention Trainings

D. Fitzpatrick: Brief overview of WC claims to date. Back Injury Prevention training should be scheduled for staff.

Safety Manual/Trainings None.

Other None.

Adjournment

M. Lavoie motioned to adjourn at 3:00pm. Seconded by M. Hoisington. Vote unanimously in favor.